Thrive by Five’s mission is to create the best possible start for DC children by connecting families and caregivers with a community of resources, education, and support that all children need to thrive by five.

web: thrivebyfive.dc.gov
email: thrivebyfive@dc.gov
social: @thrivebyfiveDC
“The first years of a child’s life are incredibly important, and we know that during this critical developmental period, parents and caretakers are a child’s first teacher and most important advocate.”

- MAYOR MURIEL BOWSER
We Believe

We believe by working together across the District, we can connect DC families with the services and programs, resources and support designed to nurture the whole child and prepare them for lifelong success.

We Know

We know that consistent coordination helps to ensure that families feel the benefit of investments in health and education.
Mayor Bowser launched Thrive by Five DC, the District’s first comprehensive childhood health and learning initiative, in May 2017. At the center of the initiative was thrivebyfive.dc.gov. Intended to be a one-stop service center for parents and caretakers, it connected families to resources that support maternal and child health, behavioral health, and early education.
In May 2019, I was appointed as the first Executive Director for Thrive by Five DC. Thrive by Five is the manifestation of the conversations from last year’s National Maternal & Infant Health Summit in action. With devoted staff for the initiative, Thrive by Five DC now has the opportunity to grow beyond an online resource hub. We see Thrive by Five DC as an opportunity to make these connections between education, health, and human services that would result in greater outcomes for children.
Thrive by Five’s scope is broad.

Early Intervention
Maternal Health
Early Learning
Child Health

Child Care
Infant Health
Early Literacy
Early Childhood Development
Thrive by Five Is...

- Coordination of District Programs (serving mothers, children, and families)
- Resource Website
- Maternal & Infant Health Initiative
- Early Development & Learning
- Thrive by Five Coordinating Council
Coordination of District Programs
(serving mothers, children, and families)
Pre-K Enhancement and Expansion Amendment Act of 2008

- Early Childhood Advisory Council established
- Early Learning Quality Improvement Network launched
- DC Collaborative for Mental Health in Pediatric Primary Care
- $2 million in grants for facilities & significant investments in infant & toddler care
- ECIN receives $5 million in private philanthropy
- Healthy Tots Act implemented
- DC MAP (Mental Health Access in Pediatrics)

Healthy Futures
Early Childhood Mental Health

2008

2009

2010

2011

2013

2015

2016

2017

2018

Mayor’s 1st Annual National Maternal and Infant Summit

DC Collaborative implements an Early Childhood Quality Improvement Learning Collaborative

Mayor invests $2.5 million in child care tax credit and $11 million to create the Access to Quality Child Care Fund

Nemours chooses the District to participate in the Medicaid and Early Care and Education Collaboration and State Project

DC Council funds Healthy Steps

DC Health releases innovative place-based grant to improve perinatal and early childhood outcomes

Expanded the Quality Improvement Network to 92 families

DC Social Emotional and Early Development (DC SEED)
2019 Health & Education Investments

**Investments**

- The District of Columbia awarded a $10.6 million Preschool Development Grant, Birth to Five (PDG B-5) to conduct a comprehensive needs assessment and create a comprehensive strategic plan to maximize parent choice.
- The District awarded $1.7 million expansion of the Early Head Start – Child Care Partnership grant.
- Children’s National awarded a Pritzker Prenatal-to-Age Three State Planning Grant on behalf of the District of Columbia.
- DC Families First Success Centers Investment
- DC Council expands Healthy Steps.
- DC Council expands Healthy Futures, mental health consultation.

**Innovation/System Redesigns**

- The District is selected to participate in national ZERO to THREE Infant and Early Childhood Mental Health Policy Convening and Technical Assistance opportunity to advance infant and early childhood mental health financing and policy.
- DHCF issued transmittal to pediatric providers to provide guidance on behavioral health screenings in pediatric primary care, including the addition of a new maternal depression screening code to be used during the well-child visit.

Thrive by Five DC & the Thrive by Five Coordinating Council established.
Thrive by Five Working Group

Thrive by Five DC's work is developed in partnership with all stakeholders implementing and investing in this space. In addition to providing thought-partnership, the Thrive by Five working group helps to ensure that the work of the office is executed effectively.

The following organizations are represented in the Thrive by Five working group:

- AppleTree Early Learning Initiatives
- Bainum Foundation
- Bright Beginnings
- Capital Area Food Bank
- Children’s Law Center
- Community of Hope
- DC Action for Children
- DC Appleseed Center for Law & Justice
- DC Health Early Childhood Health Division, Community Health Administration
- DCPS Early Childhood Division
- DCPS Early Stages
- EduCare DC
- Georgetown University, Early Childhood Innovation Network
- Loving Care Child Development Center
- Mamatoto Village
- Martha’s Table
- Mary’s Center
- OSSE Division of Early Learning
- Petit Scholars
- Raise DC
- Spanish Education & Development Center
- United Planning Organization
- Washington Area Women’s Foundation
In order to track and report outcomes of District and community programs, we must first determine how money flows and is being utilized to improve perinatal health and healthy child development.

District families, education and healthcare professionals, and service providers should know where to go, internal and external to government, when seeking information about health and education in the maternal health and 0-5 space.
In 2019, Thrive by Five attended, participated in, and/or hosted over 220 in-person meetings, virtual meetings, media events, and community events. Thrive by Five impacted/touched 10,000+ people in the following engagement modes:
Ultimately, families should have the knowledge, awareness, and access to navigate these systems.
Thrive by Five’s Resource Website

Thrive by Five aims to streamline information gathering for District families and service providers working with District families with our online resource hub.

Families can click through resources related to health, early development, early care & education, and other family supports

Visit [https://thrivebyfive.dc.gov](https://thrivebyfive.dc.gov) today!
The Bowser administration has made a series of investments, both internal and external to government, demonstrating the District’s commitment to perinatal health and education.

“Healthy babies start with healthy women.”

With the establishment of Thrive by Five, the District can comprehensively and strategically demonstrate the alignment between maternal and infant health and early childhood development with the National Maternal & Infant Health Summit, the yearlong series of events, and the #MaternalMondays series.

Additional information available at https://dcmaternalhealth.com/.
As the primary organizer of the 2019 National Maternal & Infant Health Summit, Thrive by Five ensured that the Summit underscored the connection between health, human services, and education.

By relying on DC Health’s Perinatal Health Framework and OSSE’s Early Childhood System Approach to Child Health, Development, Education and Well-being, we are able to better address the needs of moms, babies, and families.

Additional information available at [https://dcmaternalhealth.com/](https://dcmaternalhealth.com/).
Mayor Bowser’s National Maternal & Infant Health Summit, is an opportunity to build on the growing public awareness and interest in improving maternal and infant morbidity and mortality and overall perinatal health outcomes.

For the past two years, Mayor Bowser has convened elected officials, health officials and DC residents to explore strategies to improve perinatal health and address racial disparities in birth outcomes.

The 2019 Summit featured panel discussions, a luncheon, breakout sessions, and a health and early education expo dedicated to connecting District residents to local resources and supports.
At [https://dcmaternalhealth.com/](https://dcmaternalhealth.com/), you can find information about the National Maternal & Infant Health Summit, as well as all things concerning Mayor Bowser’s maternal and infant initiative. Some of the resources available include:

- Archives of the 2018 and 2019 Maternal & Infant Health Summit
- Resources for Before, During, and After Pregnancy
- Interactive Resource Map
- Yearlong Education and Resource Series
- Frequently Asked Questions
- #MaternalMondays series
- Contact Information for DC Agencies & Organizations

DC Health also provides a wealth of resources on their website including their Perinatal Health Framework, Infant Mortality Report (2018), and other perinatal health resources and programs. For more information, visit [https://dchealth.dc.gov/perinatal](https://dchealth.dc.gov/perinatal).
Maternal & Infant Health Initiative: Follow-Up Events

As a part of Mayor Muriel Bowser’s Maternal & Infant Health Initiative, Thrive by Five DC and the Mayor’s Office on Women’s Policy and Initiatives (MOWPI) are partnering with community-based organizations in the District to host a series of powerful community led educational engagements for families and parents. This yearlong series is an extension of Mayor Bowser’s commitment to maternal & infant health in the District.

The series events will take place across the District and focus on the needs of our city’s diverse populations and areas of need for maternal and Infant health outcomes. This monthly series will cover a range of topics that center the voice of moms and provide opportunities for learning to empower women and families to grow into healthy parents and for babies to thrive in our city!

If you are interested in hosting a follow-up event, please email thrivebyfive@dc.gov.
Maternal & Infant Health Initiative: Maternal Mondays

#MaternalMondays is a series dedicated to discussing all things maternal health and wellness. Hosted on the Mom Health DC Facebook page, the series has grown beyond its place as a lead-up to the Maternal and Infant Health Summit.

The series is made possible through our partnerships with government agencies and offices, community organizations, and DC moms. To date, we have covered a wide array of topics, from breastfeeding in the workplace and nutrition to meeting developmental milestones.

Additional information available at https://dcmaternalhealth.com. If you are interested in participating in a future segment, please email thrivebyfive@dc.gov.
Early Development & Learning
Thrive by Five is looking to accomplish the following action items to demonstrate the District’s investment in early learning and childhood development:

– Expanding DC policy agenda by helping to shape the work coming from OSSE’s Pre-School Development Grant, Birth through Five Grant and Pritzker Children’s Initiative’s Prenatal-to-Age Three State Grant;

– Connecting with providers and education in the early childhood space; and

– Creating a more robust resource repository for families and providers around early childhood development, child care, and early learning opportunities.
Thrive by Five
Coordinating Council
The purpose of the Mayor’s Thrive by Five Coordinating Council is to drive progress on initiatives that improve outcomes for mothers and infants and children from birth to age five (5) in the District.
Thrive by Five Coordinating Council: Duties

The Council shall:

**Track and report**
Track and report on the progress and outcomes of District and community programs and initiatives focused on improving the outcomes of maternal and infant (perinatal) health and healthy child development from birth to age five (5).

**Programmatic and Policy Recommendations**
Make recommendations to the Mayor and the Deputy Mayor for Health and Human Services regarding programs, policies, and initiatives to connect families and individuals to resources to support maternal and child (perinatal) health, behavioral health, and early education.

**Coordination and Streamlining**
Make recommendations to the Mayor and the Deputy Mayor for Health and Human Services regarding coordination, consolidation, streamlining, and alignment of the plans, policies, programs, and services, related to or responsible for improving outcomes for infants and children from birth to age five (5).

**Identifying Gaps and Opportunities**
Identify gaps and opportunities for additional programs, initiatives, and services, to improve outcomes for infants and children from birth to age five (5).

Additional information available at [https://thrivebyfive.dc.gov/page/thrive-five-coordinating-council](https://thrivebyfive.dc.gov/page/thrive-five-coordinating-council)
The Thrive by Five Coordinating Council is unique—
Out of 185 boards and commissions, the Thrive by Five Coordinating Council
is the only one with eight seats for parents.

Eight (8) Parent/Community Members
One (1) parent from each ward of the District, including:

- One (1) parent whose child is currently or has previously been enrolled in school with an individualized education plan
- One (1) parent whose child is currently or has previously been enrolled in school with an individualized healthcare plan
- One (1) parent who has experience with the Child and Family Services Agency
- One (1) parent who has past experience with District entitlement programs serving infants and children from birth to age five (5).

Additional information available at https://thrivebyfive.dc.gov/page/thrive-five-coordinating-council
There are 17 public members appointed by the Mayor for a period of 2 years. Along with 8 parent seats, there are 9 organizational seats:

**Nine (9) Organizational Members**

- District-based child care organization
- Ward 7 or 8 Place-based organization
- American College of Obstetrics and Gynecology
- DC Action for Children
- DC Campaign to Prevent Teen Pregnancy
- Home Visiting Council
- State Early Childhood Development Coordinating Council
- District of Columbia Academy of Family Physicians
- District of Columbia Chapter of the American Academy of Pediatric

Additional information available at [https://thrivebyfive.dc.gov/page/thrive-five-coordinating-council](https://thrivebyfive.dc.gov/page/thrive-five-coordinating-council)
Thrive by Five DC Coordinating Council:
Government Representation

Thrive by Five DC, Child & Family Services Agency, DC Health, DC Public Charter School Board, DC Public Library, Department of Behavioral Health, Department of Employment Services, Department of Healthcare Finance, Department of Housing and Community Development, Department of Human Services, Department of Parks and Recreation, Office of the Deputy Mayor for Education, Office of the Deputy Mayor for Health & Human Services, and Office of the State Superintendent of Education.
For meeting agendas, presentations, and minutes, visit thrivebyfive.dc.gov and click the “Coordinating Council” tab in the navigation bar.

Our next meeting is scheduled for:
Wednesday, March 25, 2020
3-5 pm
The John A. Wilson Building
If you or someone you know is interested in applying, please visit:
https://motaboards.applytojob.com/apply/4ywT6g3LoY/Mayors-Thrive-By-Five-Coordinating-Council
Ways to Partner?

Questions?
Thank you!

Website: thrivebyfive.dc.gov
Email address: thrivebyfive@dc.gov
Twitter/Instagram: @thrivebyfiveDC