



“Thrive by Five DC works to ensure that every family in the District is knowledgeable of and connected to programs and resources, ranging from maternal health to early childhood supports, needed not only to survive, but thrive.”

web: thrivebyfive.dc.gov

email: thrivebyfive@dc.gov

social: [@thrivebyfiveDC](https://www.instagram.com/thrivebyfiveDC)



We All Know This To Be True

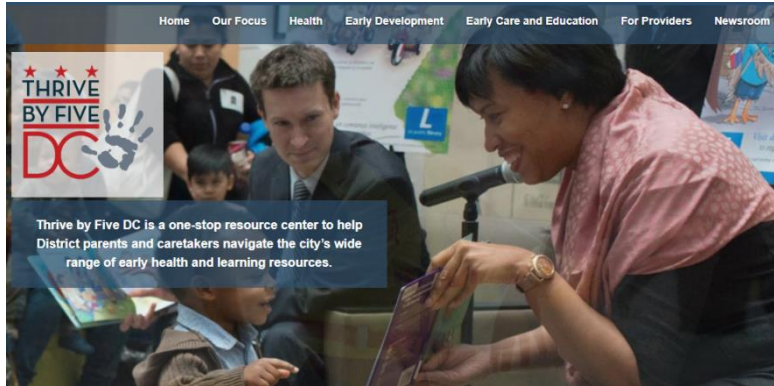
“The first years of a child’s life are incredibly important, and we know that during this critical developmental period, parents and caretakers are a child’s first teacher and most important advocate.”

- MAYOR MURIEL BOWSER

We Also Know...

Families haven't always been able to feel the benefit of these investments, both internal and external to government, due to a lack of *consistent* coordination.

Thrive by Five DC Launch



Mayor Bowser launched Thrive by Five DC, the District's first comprehensive childhood health and learning initiative, in May 2017.

At the center of the initiative was thrivebyfive.dc.gov. Intended to be a one-stop service center for parents and caretakers, it connected families to resources that support *maternal and child health, behavioral health, and early education*.

Expansion of Thrive by Five DC

In May 2019, I was appointed as the first Executive Director for Thrive by Five DC. Thrive by Five is the manifestation of the conversations from last year's National Maternal & Infant Health Summit in action. With devoted staff for the initiative, Thrive by Five DC now has the opportunity to grow beyond an online resource hub. We see Thrive by Five DC as an opportunity to make these connections between education, health, and human services that would result in greater outcomes for children.



A screenshot of a news article from "The DC Line". The article title is "Mayor taps chief student advocate to head Thrive by Five DC initiative". The author is "Diane Gross" and it was published on "Apr 17, 2019". The article text includes: "Mayor Muriel Bowser has announced Faith Gibson Hubbard as the director of Thrive by Five DC, an initiative coordinating resources and services for families of young children in the District, including early education opportunities." and "Gibson Hubbard, an education advocate and former public school teacher, has worked since 2015 as the DC State Board of Education's chief student advocate, a position that also features coordination among government agencies, community partners and families." There is a quote from her: "In an interview with The DC Line, Gibson Hubbard said her experience as the chief student advocate 'really directly connects to the work that I'll be doing in Thrive by Five DC,' including 'connecting families to resources ... they absolutely should have been connected to much sooner.'" and another paragraph: "The link between lack of access to early childhood resources and later challenges in life is something that Gibson Hubbard initially witnessed as a middle school teacher in Jacksonville, Florida. 'So many of the challenges that my students were dealing with at that time actually were things that not only were going on in their current neighborhoods, but also things that just had impacted their lives over time,' she recounted." There is a photo of Faith Gibson Hubbard, a woman with glasses and a white top, smiling. The article also shows social media share icons and a view count of 1,574.

Thrive by Five's
scope is broad.



Early Intervention

Maternal Health

Early Learning

Child Health

Child Care

Infant Health

Early Literacy

**Early Childhood
Development**

Thrive by Five Is...



Coordination of District Programs
(serving mothers, children, and families)



Resource Website



Maternal & Infant Health Initiative



Early Development & Learning



Thrive by Five Coordinating Council



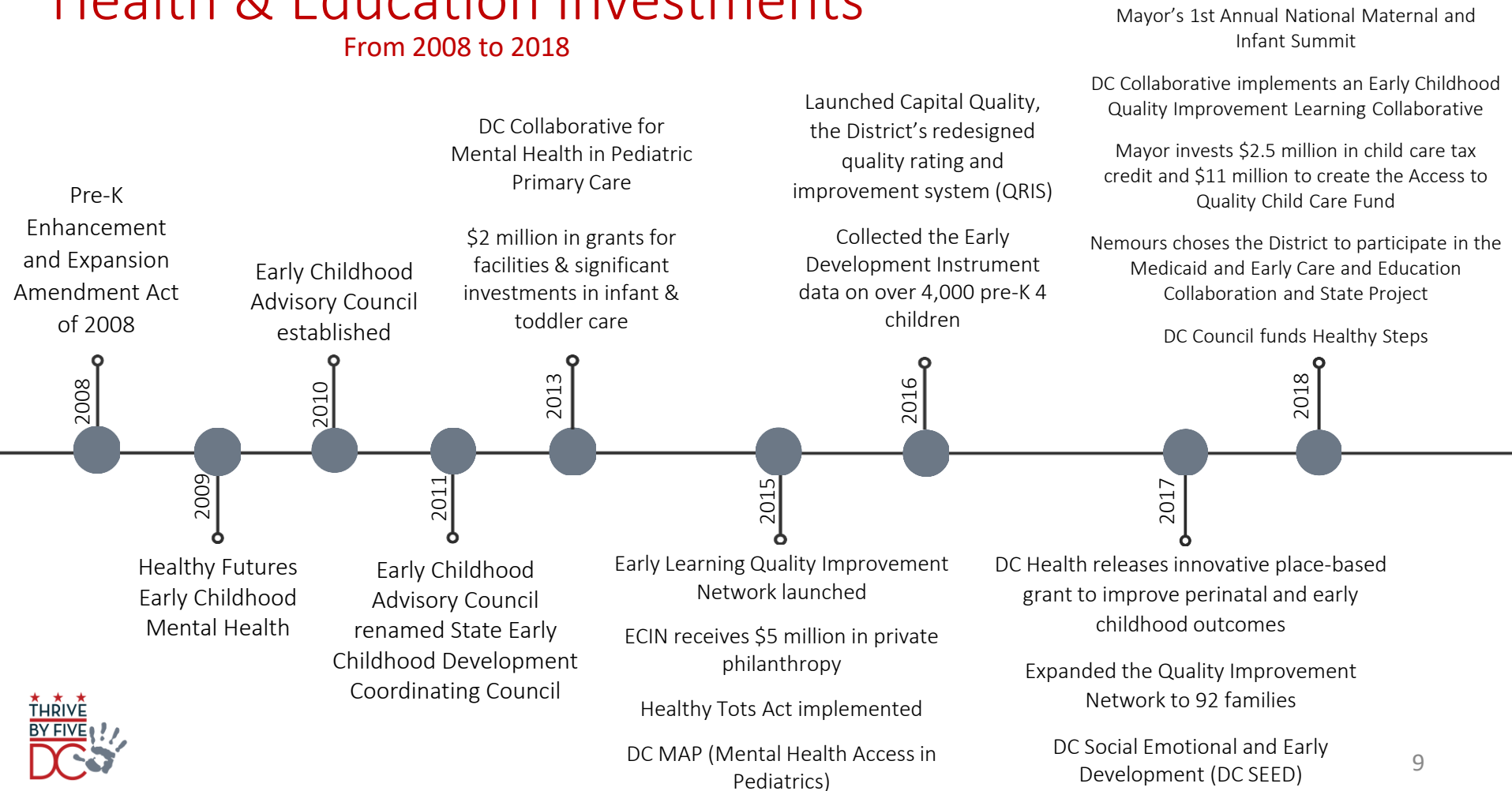


Coordination of District Programs

(serving mothers, children, and families)

Health & Education Investments

From 2008 to 2018



2019 Health & Education Investments

Investments

- The District of Columbia awarded a \$10.6 million Preschool Development Grant, Birth to Five (PDG B-5) to conduct a comprehensive needs assessment and create a comprehensive strategic plan to maximize parent choice.
- The District awarded \$1.7 million expansion of the Early Head Start – Child Care Partnership grant.
- Children’s National awarded a Pritzker Prenatal-to-Age Three State Planning Grant on behalf of the District of Columbia.
- DC Families First Success Centers Investment
- DC Council expands Healthy Steps.
- DC Council expands Healthy Futures, mental health consultation.

Innovation/System Redesigns

- The District is selected to participate in national ZERO to THREE Infant and Early Childhood Mental Health Policy Convening and Technical Assistance opportunity to advance infant and early childhood mental health financing and policy.
- DHCF issued transmittal to pediatric providers to provide guidance on behavioral health screenings in pediatric primary care, including the addition of a new maternal depression screening code to be used during the well-child visit.

**Thrive by Five DC &
the Thrive by Five Coordinating Council established.**

Thrive by Five Working Group

Thrive by Five DC's work is developed in partnership with all stakeholders implementing and investing in this space. In addition to providing thought-partnership, the Thrive by Five working group helps to ensure that the work of the office is executed effectively.

The following organizations are represented in the
Thrive by Five working group:

- AppleTree Early Learning Initiatives
- Bainum Foundation
- Bright Beginnings
- Capital Area Food Bank
- Children's Law Center
- Community of Hope
- DC Action for Children
- DC Appleseed Center for Law & Justice
- DC Health Early Childhood Health Division,
Community Health Administration
- DCPS Early Childhood Division
- DCPS Early Stages
- EduCare DC
- Georgetown University,
Early Childhood Innovation Network
- Loving Care Child Development Center
- Mamatoto Village
- Martha's Table
- Mary's Center
- OSSE Division of Early Learning
- Petit Scholars
- Raise DC
- Spanish Education & Development Center
- United Planning Organization
- Washington Area Women's Foundation

Strategic Working Group Items

Fiscal Mapping

In order to track and report outcomes of District and community programs, we must first determine how money flows and is being utilized to improve perinatal health and healthy child development.

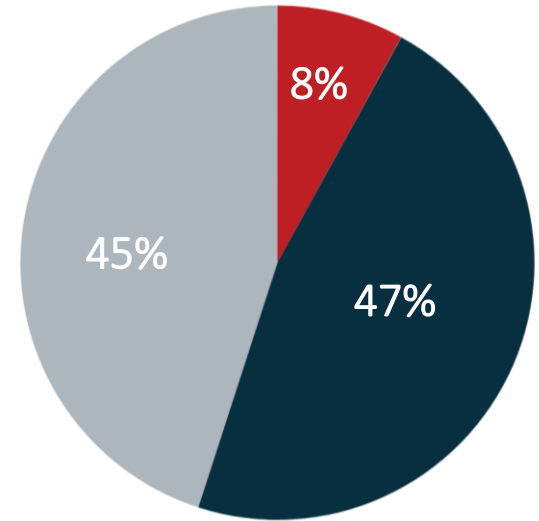
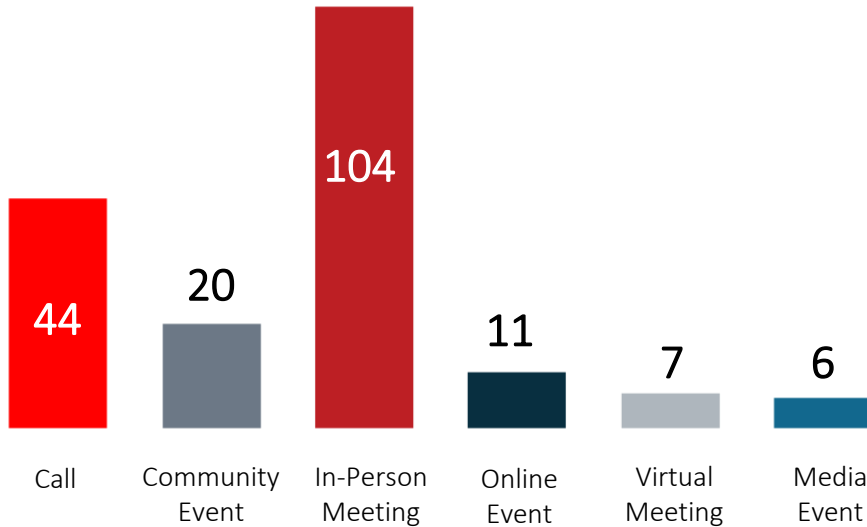
Roadmap

District families, education and healthcare professionals, and service providers should know where to go, internal and external to government, when seeking information about health and education in the maternal health and 0-5 space.

Outreach & Engagement

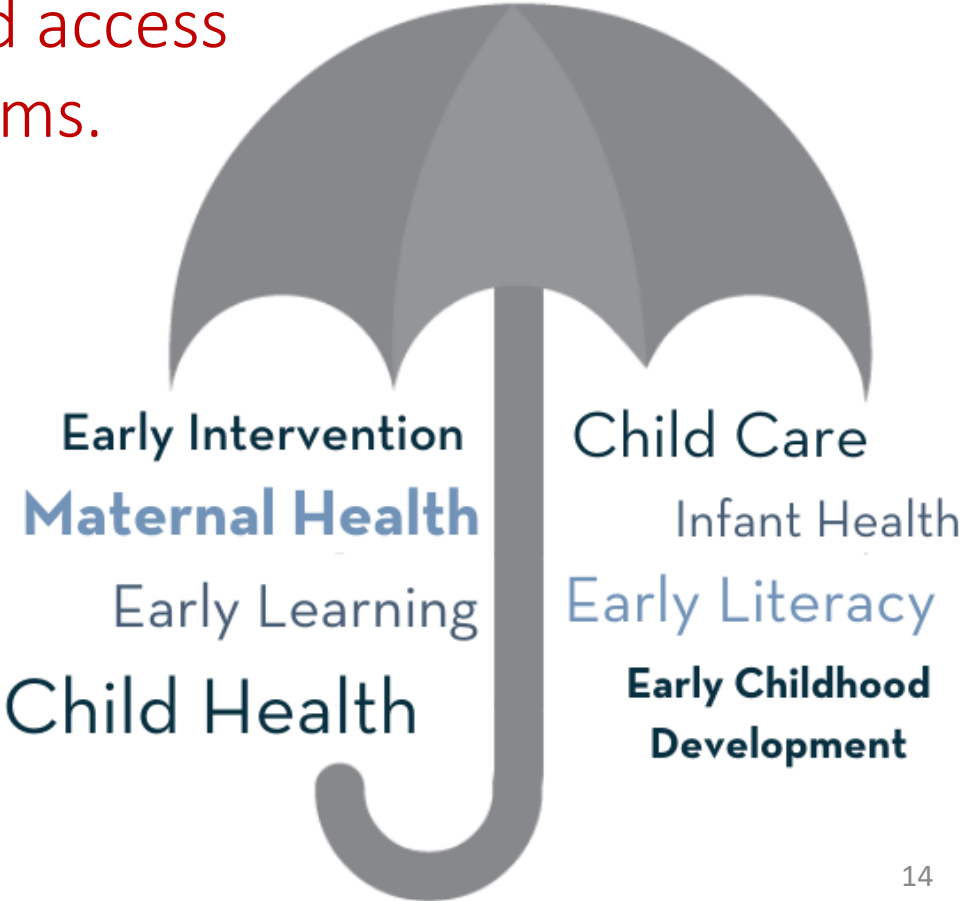
Since May 1, 2019, Thrive by Five has attended, participated in, and/or hosted over 190 in-person meetings, virtual meetings, media events, and community events.

Thrive by Five impacted/touched 5600+ people in the following engagement modes:



- Community Engagement
- Government Stakeholder Engagement
- Organization Stakeholder Engagement

Ultimately, families should have the knowledge, awareness, and access to navigate these systems.





Resource Website

Thrive by Five's Resource Website



HEALTH

**EARLY
DEVELOPMENT**

**EARLY CARE
& EDUCATION**

**FAMILY
SUPPORTS**

Thrive by Five's resource website (thrivebyfive.dc.gov) is geared toward District families and service providers working with District families.

Families can click through resources related to health, early development, early care & education, and other family supports



Maternal & Infant Health Initiative

Maternal & Infant Health Initiative



MAYOR MURIEL BOWSER'S
**MATERNAL & INFANT
HEALTH INITIATIVE**

“Healthy babies start with healthy women.”

The Bowser administration has made a series of investments, both internal and external to government, demonstrating the District’s commitment to perinatal health and education.

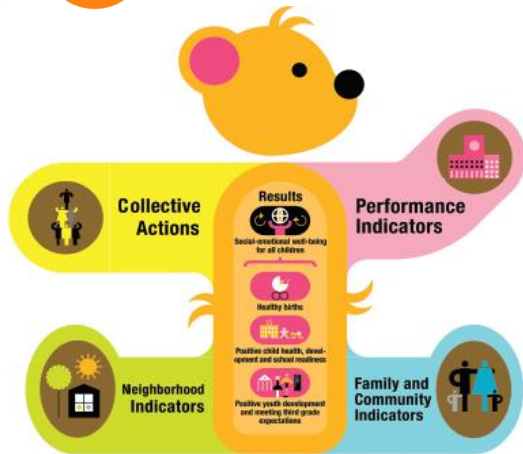
With the establishment of Thrive by Five, the District can comprehensively and strategically demonstrate the alignment between maternal and infant health and early childhood development with the [National Maternal & Infant Health Summit](#), the [yearlong series of events](#), and the [#MaternalMondays](#) series.

Maternal & Infant Health Initiative



As the primary organizer of the 2019 National Maternal & Infant Health Summit, Thrive by Five ensured that the Summit underscored the connection between health, human services, and education.

By relying on **DC Health's Perinatal Health Framework** and **OSSE's Early Childhood System Approach to Child Health, Development, Education and Well-being**, we are able to better address the needs of moms, babies, and families.



National Maternal & Infant Health Summit

Mayor Bowser's National Maternal & Infant Health Summit, is an opportunity to build on the growing public awareness and interest in improving maternal and infant morbidity and mortality and overall perinatal health outcomes.

For the past two years, Mayor Bowser has convened elected officials, health officials and DC residents to explore strategies to improve perinatal health and address racial disparities in birth outcomes.

The 2019 Summit featured panel discussions, a luncheon, breakout sessions, and a health and early education expo dedicated to connecting District residents to local resources and supports.



DC Maternal Health Resource Website

Before Pregnancy
Pending pregnancy? Prenatal care that starts before the 1st trimester is one of the best ways to ensure mother and baby are happy and healthy.

Web-Women Visit
Your annual well-woman visit is a time to make sure you have access to care and manage chronic conditions so that you can be at your healthiest self before, during, and after pregnancy.

DC Healthy Start
Pave the way for a healthy start for your baby before and during pregnancy. DC Healthy Start supports women of childbearing age, pregnant women, and mothers and fathers in Wards 5, 6, 7 and 8.

LEARN MORE

Unity Health Care
Dedicated to the health and well-being of its patients, Unity Health Care offers appointments and health screenings.

LEARN MORE

Resource Map
Whether you're a mother- or father-to-be, a provider, or an advocate looking for a way to get involved, find maternal health resources near you.

ZIP / Address:
Enter a location

Maternal Mondays

- Directed by Mayor M**
278 Views
#MaternalMondays - Development Milestones
Sep 18, 2019
In this edition of #MaternalMondays, Director Faith Gibson Hubbard sits down with South Andres Alvarado of Spring Green and Otoniel Sanchez-Was of Help Me Grow to discuss ways DC is ensuring babies are...
- Maternal and Infa**
473 Views
#MaternalMondays - What to Expect at the 19th Summit
Sep 10, 2019
LIVE! We're discussing what you can expect, tomorrow, Sept. 10, at the National Maternal and Infant Health Summit! #DCMaternalHealthResource your seat: bit.ly/dcmh2019
- Resources For Health by M**
1,507 Views
#MaternalMondays - Resources for New & Expecting Mothers
Sep 18, 2019
Ahead of the National Maternal and Infant Health Summit - Tues, Sept. 10th - we're joined by Sorik's Ness and Mar Fur Monro to highlight resources available in the District for new and expecting moms, join...

At <https://dcmaternalhealth.com/>, you can find information about the National Maternal & Infant Health Summit, as well as all things concerning Mayor Bowser's maternal and infant initiative. Some of the resources available include:

- Archives of the 2018 and 2019 Maternal & Infant Health Summit
- Resources for Before, During, and After Pregnancy
- Interactive Resource Map
- Yearlong Education and Resource Series
- Frequently Asked Questions
- #MaternalMondays series
- Contact Information for DC Agencies & Organizations

DC Health also provides a wealth of resources on their website including their Perinatal Health Framework, Infant Mortality Report (2018), and other perinatal health resources and programs. For more information, visit <https://dchealth.dc.gov/perinatal>.



Maternal & Infant Health Initiative: Follow-Up Events



As a part of Mayor Muriel Bowser's Maternal & Infant Health Initiative, Thrive by Five DC and the Mayor's Office on Women's Policy and Initiatives (MOWPI) are partnering with community-based organizations in the District to host a series of powerful community led educational engagements for families and parents. This yearlong series is an extension of Mayor Bowser's commitment to maternal & infant health in the District.



The series events will take place across the District and focus on the needs of our city's diverse populations and areas of need for maternal and Infant health outcomes. This monthly series will cover a range of topics that center the voice of moms and provide opportunities for learning to empower women and families to grow into healthy parents and for babies to thrive in our city!



If you are interested in hosting a follow-up event, please email thrivebyfive@dc.gov.

Maternal & Infant Health Initiative: Maternal Mondays



#MaternalMondays is a series dedicated to discussing all things maternal health and wellness. Hosted on the Mom Health DC Facebook page, the series has grown beyond its place as a lead-up to the Maternal and Infant Health Summit.

The series is made possible through our partnerships with government agencies and offices, community organizations, and DC moms. To date, we have covered a wide array of topics, from breastfeeding in the workplace and nutrition to meeting developmental milestones.



Additional information available at <https://dcmaternalhealth.com/>.
If you are interested in participating in a future segment, please email thrivebyfive@dc.gov.



Early Development & Learning

Early Childhood Development

Thrive by Five is looking to accomplish the following action items to demonstrate the District's investment in early learning and childhood development:

- Expanding DC policy agenda by helping to shape the work coming from OSSE's Pre-School Development Grant, Birth through Five Grant and Pritzker Children's Initiative's Prenatal-to-Age Three State Grant;
- Connecting with providers and education in the early childhood space; and
- Creating a more robust resource repository for families and providers around early childhood development, child care, and early learning opportunities.



Thrive by Five Coordinating Council

Thrive by Five Coordinating Council: Purpose

The purpose of the Mayor's Thrive by Five Coordinating Council is to drive progress on initiatives that improve outcomes for mothers and infants and children from birth to age five (5) in the District.



Thrive by Five Coordinating Council: Duties

The Council shall:

Track and report

Track and report on the progress and outcomes of District and community programs and initiatives focused on improving the outcomes of maternal and infant (perinatal) health and healthy child development from birth to age five (5).

Programmatic and Policy Recommendations

Make recommendations to the Mayor and the Deputy Mayor for Health and Human Services regarding programs, policies, and initiatives to connect families and individuals to resources to support maternal and child (perinatal) health, behavioral health, and early education.

Coordination and Streamlining

Make recommendations to the Mayor and the Deputy Mayor for Health and Human Services regarding coordination, consolidation, streamlining, and alignment of the plans, policies, programs, and services, related to or responsible for improving outcomes for infants and children from birth to age five (5).

Identifying Gaps and Opportunities

Identify gaps and opportunities for additional programs, initiatives, and services, to improve outcomes for infants and children from birth to age five (5).



Thrive by Five Coordinating Council: Membership

The Thrive by Five Coordinating Council is unique—

Out of 185 boards and commissions, the Thrive by Five Coordinating Council is the only one with eight seats for parents.

Eight (8) Parent/Community Members

One (1) parent from each ward of the District, including:

- One (1) parent whose child is currently or has previously been enrolled in school with an individualized education plan
- One (1) parent whose child is currently or has previously been enrolled in school with an individualized healthcare plan
- One (1) parent who has experience with the Child and Family Services Agency
- One (1) parent who has past experience with District entitlement programs serving infants and children from birth to age five (5).



Thrive by Five Coordinating Council: Membership

There are 17 public members appointed by the Mayor for a period of 2 years. Along with 8 parent seats, there are 9 organizational seats:

Nine (9) Organizational Members

- District-based child care organization
- Ward 7 or 8 Place-based organization
- American College of Obstetrics and Gynecology
- DC Action for Children
- DC Campaign to Prevent Teen Pregnancy
- Home Visiting Council
- State Early Childhood Development Coordinating Council
- District of Columbia Academy of Family Physicians
- District of Columbia Chapter of the American Academy of Pediatric

Thrive by Five Coordinating Council: Government Representation



Thrive by Five DC, Child & Family Services Agency, DC Health, DC Public Charter School Board, DC Public Library, Department of Behavioral Health, Department of Employment Services, Department of Human Services, Office of the Deputy Mayor for Education, Office of the Deputy Mayor for Health & Human Services, and Office of the State Superintendent of Education

Coordinating Council

Using priorities outlined during our Thrive by Five working group meetings, we will convene the Coordinating Council this fall.

Our next Coordinating Council meeting is scheduled for Wednesday, January 22nd from 3-5 pm at the John A. Wilson Building.

If you or someone you know is interested in applying,
please visit:

<https://motaboardsonline.com/apply/4ywT6g3LoY/Mayors-Thrive-By-Five-Coordinating-Council>



Ways to Partner? --- Questions?

Thank you!

Website: thrivebyfive.dc.gov

Email address: thrivebyfive@dc.gov

Twitter/Instagram: [@thrivebyfiveDC](https://www.instagram.com/thrivebyfiveDC)